



Disaster Supplies Checklist

Oxford County EMA
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 Prepare*Respond*Respond*Mitigate
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First Aid Supplies			
Supplies	Home ✓	Vehicle ✓	Work ✓
Sterile adhesive bandages in assorted sizes			
5" x 9" sterile dressing			
Conforming roller gauze bandage			
Triangular bandages			
3" x 3" sterile gauze pads			
Hypoallergenic adhesive tape			
4" x 4" sterile gauze pads			
Roll 3" cohesive bandage			
Germicidal hand wipes or waterless, alcohol-based hand sanitizer			
Antiseptic wipes			
Pairs large, medical grade, non-latex gloves			
Tongue depressor blades			
Adhesive tape, 2" width			
Antibacterial ointment			
Cold pack			
Scissors (small, personal)			
Tweezers			
Assorted sizes of safety pins			
Needle			
Cleaning agent/soap			
Cotton balls			
Thermometer			
Tube of petroleum jelly or other lubricant			
Sunscreen			
CPR breathing barrier, such as a face shield			
First aid manual			

Non-Prescription and Prescription Medicine Kit Supplies

Supplies	Home ✓	Vehicle ✓	Work ✓
Aspirin and non-aspirin pain reliever			
Anti-diarrhea medication			
Antacid (for stomach upset)			
Laxative			
Vitamins			
Prescriptions			
Syrup of Ipecac (use to induce vomiting if advised by the Poison Control Center)			
Activated charcoal (use if advised by the Poison Control Center)			
Extra eyeglasses/contact lenses			

Sanitation and Hygiene Supplies

Item	✓
Washcloth and towel	
Towelettes, soap, hand sanitizer	
Toothpaste, tooth brushes	
Shampoo, comb, and brush	
Deodorants, sunscreen	
Razor, shaving cream	
Lip balm, insect repellent	
Contact lens solutions	
Mirror	
Feminine supplies	
Heavy-duty plastic garbage bags and ties for personal sanitation uses and toilet paper	
Medium-sized plastic bucket with tight lid	
Disinfectant and household chlorine bleach	
A small shovel for digging a latrine	
Toilet paper	

Equipment and Tools

Tools	✓
Portable, battery-powered radio or television and extra batteries	
NOAA Weather Radio	
Flashlight and extra batteries	
Signal flare	
Matches in a waterproof container (or waterproof matches)	
Shut-off wrench, pliers, shovel, and other tools	
Duct tape and scissors	
Plastic sheeting	
Whistle	
Small canister, ABC-type fire extinguisher	
Tube tent	
Compass	
Work gloves	
Paper, pens, and pencils	
Needles and thread	
Plastic storage containers	
Medicine dropper	
Battery-operated travel alarm clock	

Kitchen Items	✓
Manual can opener	
Mess kits or paper cups, plates, and plastic utensils	
All-purpose knife	
Household liquid bleach to treat drinking water	
Staples-sugar, salt, pepper	
Aluminum foil and plastic wrap	
Resealable plastic bags	
Small cooking stove and a can of cooking fuel (if food must be cooked)	

Comfort Items	✓
Games	
Cards	
Books	
Toys for kids	
Foods	

Food and Water

Supplies	Home ✓	Vehicle ✓	Work ✓
Water (one gallon per person per day, keep at least a three day supply for each person in your household)			
Read-to-eat meats, fruits, and vegetables			
Canned or boxed juices, milk (if powdered store extra water) and soup			
High-energy foods such as peanut butter, jelly, low-sodium crackers, granola bars, and trail mix			
Vitamins			
Special foods for infants or persons on special diets			
Cookies, hard candy			
Instant coffee			
Cereals			
Powdered milk			
Comfort/stress foods-cookies, hard candy, sweetened cereals, lollipops, instant coffee, tea bags			

Clothes and Bedding Supplies

Item	✓	✓	✓
Complete change of clothes (at least one per person)			
Sturdy shoes or boots			
Rain gear			
Hat and gloves			
Extra socks			
Extra underwear			
Thermal underwear			
Sunglasses			
Blankets/sleeping bags and pillows			

Documents and Keys

Make sure you keep these items in a watertight container

Item	✓
Personal identification	
Cash and coins or traveler's checks	
Credit cards	
Extra set of house keys and car keys	
Copies of the following:	
• Birth certificate	
• Marriage certificate	
• Driver's license	
• Social Security cards	
• Passports	
• Wills	
• Deeds	
• Inventory of household goods	
• Insurance papers	
• Immunization records	
• Bank and credit card account numbers	
• Stocks and bonds	
Emergency contact list and phone numbers	
Map of the area and phone numbers of places you could go	

Special Items

For Baby	✓
Formula	
Diapers	
Bottles	
Powdered milk	
Medications	
For Adults	✓
Heart and high blood pressure medication	
Insulin	
Prescription drugs	
Denture needs	
Contact lenses and supplies	
Extra eye glasses	

